

BREAKFAST

Daily Breakfast Selections: Assorted Cold Cereal, Waffle, Banana Bread, WG Bagel W/ Cream Cheese, Pop Tarts

<u>Monday</u> Breakfast Pizza	<u>Tuesday</u> WG Cinnamon Rolls	<u>Wednesday</u> Pancake on a Stick	<u>Thursday</u> Cinnamon Texas Toast	<u>Friday</u> Breakfast Slider
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Daily Breakfast includes:
Assorted Fruit
Assorted Fruit Juice
Assorted Milk
Students must take ½ cup fruit
Students must take 3 of 4 components

Middle School Menu
Breakfast \$1.75
Lunch \$2.75
Free Breakfast and Lunch at RMS
Week of 6/5/2017

Students must take 3 of the 5 components at lunch. They must have ½ cup of fruit or vegetables for a reimbursable meal

Monday

Chicken Patty on Bun
Nachos w/ Meat and Cheese
All American Sub
Milk

Tuesday

Chicken Tenders w/ Roll
Bosco Sticks w/ Marinara Sauce
Chef Salad w/ Dinner Roll (2)
Milk

Wednesday

Pepperoni Pizza
Chicken Nuggets w/ Soft Breadstick
Ham and Cheese Sub
Milk

Thursday

Chef Choice

Friday

Chef Choice

Daily Sides

Available Daily
Salad Bar

Condiments Available Daily

Ketchup Low Fat Ranch Low Fat Italian Barbeque Sauce Marinara Sauce Lt. Honey Mustard Sauce
Mustard **USDA is an Equal Opportunity Provider and Employer**