

BREAKFAST

Daily Breakfast Selections: Assorted Cold Cereal, Waffle, Banana Bread, WG Bagel W/ Cream Cheese, Pop Tarts

Monday

Breakfast Pizza

Tuesday

WG Cinnamon Rolls

Wednesday

Pancake on a Stick

Thursday

Cinnamon Texas Toast

Friday

Breakfast Slider

Daily Breakfast includes:

- Assorted Fruit
- Assorted Fruit Juice
- Assorted Milk

Students must take 1/2 cup fruit

Students must take 3 of 4 components

Middle School Menu

Breakfast \$1.75

Lunch \$2.75

Free Breakfast and Lunch at RMS

Week of 06/11/2018

Students must take 3 of the 5 components at lunch. They must have 1/2 cup of fruit or vegetables for a reimbursable meal

Monday

*Cook's
Choice*

Tuesday

*1/2
Day*

Wednesday

*1/2
Day*

Thursday

*1/2
Day*

Friday

Happy Summer!

Condiments

- Ketchup*
- Mustard*
- Mayonnaise*
- Barbeque Sauce*
- Marinara Sauce*
- Salsa*
- Ranch Dressing*
- Italian Dressing*