

BREAKFAST

Daily Breakfast Selections: Assorted Cold Cereal, Banana Bread, WG Bagel W/ Cream Cheese, Pop Tarts

Monday

Breakfast Pizza

Tuesday

WG Cinnamon Rolls

Wednesday

Pancake on a Stick

Thursday

Cinnamon Texas Toast

Friday

Waffle

Daily Breakfast includes:

- Assorted Fruit
- Assorted Fruit Juice
- Assorted Milk

Students must take ½ cup fruit

Students must take 3 of 4 components

Middle School Menu

*Free Breakfast and Lunch
Week of 2/11/2019*

Students must take 3 of the 5 components at lunch. They must have ½ cup of fruit or vegetables for a reimbursable meal

Monday

- Mashed Potato Bowl*
- Chicken Tenders*
- Turkey Sub*
- Bread Basket*
- Seasoned Corn*
- Fruit and Vegetable Bar*
- Milk*

Tuesday

- Bacon Cheeseburger*
- Nachos Supreme*
- Chef Salad*
- Refried Beans*
- Bread Basket*
- Fruit and Vegetable Bar*
- Milk*

Wednesday

- Chicken Alfredo w/ Garlic Bread*
- Pepperoni or Cheese Pizza*
- Italian Sub*
- Seasoned Broccoli*
- Fruit and Vegetable Bar*
- Milk*

Thursday

½ Day

Friday

No School

Condiments

- Ketchup*
- Mustard*
- Mayonnaise*
- Barbeque Sauce*
- Marinara Sauce*
- Salsa*
- Ranch Dressing*
- Italian Dressing*