

BREAKFAST

Daily Breakfast Selections: Assorted Cold Cereal, Banana Bread, WG Bagel W/ Cream Cheese, Pop Tarts

Monday

Breakfast Pizza

Tuesday

WG Cinnamon Rolls

Wednesday

Pancake on a Stick

Thursday

Cinnamon Texas Toast

Friday

Waffles

Daily Breakfast includes:
Assorted Fruit
Assorted Fruit Juice
Assorted Milk
Students must take ½ cup fruit
Students must take 3 of 4 components

*Middle School
Free Breakfast and Lunch
Week of 2/18/2019*

Students must take 3 of the 5 components at lunch. They must have ½ cup of fruit or vegetables for a reimbursable meal

Monday

*No
School*

Tuesday

*Taco Salad
Nachos Supreme
Chef Salad
Bread Basket
Refried Beans
Fruit and Vegetable Bar
Milk*

Wednesday

*Spaghetti and Meatballs
Pepperoni or Cheese Pizza
Italian Sub
Bread Basket
Seasoned Carrots
Fruit and Vegetable Bar
Milk*

Thursday

*Chicken Snack Box
Cheeseburger on Bun
Grilled Chicken Salad
Bread Basket
Oven Fries
Fruit and Vegetable Bar
Milk*

Friday

*Bosco Sticks
Soft Tacos
Ham and Cheese Sub
Green Beans
Fruit and Vegetable Bar
Milk*

Condiments

*Ketchup
Mustard
Mayonnaise
Barbeque Sauce
Marinara Sauce
Salsa
Ranch Dressing
Italian Dressing*

Condiments Available Daily

*Ketchup Low Fat Ranch Low Fat Italian Barbeque Sauce Marinara Sauce Lt. Honey Mustard Sauce
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